



# THE WEST BAY

## BRASSERIE

### STARTERS

Homemade Soup of the Day

*with grilled ciabatta*

£ 4.95

Parma Ham and Mozzarella Bruschetta

*with fresh herbs, and rocket*

£ 5.25

Warm Beetroot Salad

*with walnuts, dolce latté and balsamic*

£ 5.25

Smoked Salmon and Cream Cheese Roulade

*with crostinis and dressed leaves*

£ 5.95

Antipasto

*cured meats, homemade hummus, olives and grilled bread*

£ 6.95

### MAINS

Chicken Breast Wrapped in Parma Ham

*crushed herb potatoes, sautéed spinach, tarragon jus*

£ 12.95

Fresh Scottish Salmon Fillet

*parmentier potatoes, asparagus cream, chantenay carrots*

£ 13.95

Pan Roast Duck Breast

*orange and blueberry sauce, green bean and potato sauté*

£ 14.95

Isle of Wight Pork Sausages

*creamed potatoes, buttered peas, shallot jus*

£ 10.95

Sun Dried Tomato, Olive and Roasted Vegetable Linguine

*with garlic ciabatta*

£ 9.95

Homemade Smoked Haddock and Spring Onion Fishcakes

*fresh rocket, caper mayonnaise, grilled ciabatta*

£ 9.95

**SEE BOARD FOR DAILY SPECIALS**



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## BRASSERIE

### SIDE ORDERS

French Fries

£ 2.00

Grilled Bread

£ 1.50

Garlic Bread

£ 2.00

Garden Salad

£ 3.95

Fresh Vegetables

£ 3.00

Ramekin of Marinated Olives

£ 3.50

Fresh Tomatoes, Herbs and Balsamic

£ 3.00

### DESSERTS

Dark Chocolate Fondant

*served with vanilla ice cream*

£ 5.95

Cheesecake of the Day

*served with fresh cream*

£ 5.25

(please ask for today's selection)

Summer Fruit Crumble

*Served with crème anglaise*

£ 5.25

Isle of Wight Ice Cream Selection

£ 5.25

Classic Cheese Selection

*with crostini's and homemade chutney*

£ 5.95



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## BRASSERIE

### LUNCH MENU

Homemade Soup of the Day

*with grilled ciabatta*

£ 4.95

Parma Ham and Mozzarella Bruschetta

*with fresh herbs, and rocket*

£ 5.25

Warm Beetroot Salad

*with walnuts, dolce latté and balsamic*

£ 5.25

Smoked salmon and cream cheese roulade

*with crostinis and dressed leaves*

£ 5.95

Antipasto

*cured meats, homemade hummus, olives and grilled bread*

£ 6.95

### SANDWICHES

Classic B.L.T £ 5.75

Roast Chicken with Apricot Chutney £ 5.95

Tuna Club £ 5.95

Hummus and Sweet Pepper £ 5.25

*All served with dressed salad garnish (available in ciabatta for extra £1.00)*

### SALADS

Chicken Caesar Salad

*With bacon, croutons and fresh parmesan*

£ 9.95 full / £ 6.95 deli

Smoked Salmon and Crayfish Salad

*with lemon and caper dressing*

£ 9.95 full / £ 6.95 deli

Homemade Hummus and Sweet Pepper

*with honey and mustard dressing*

£ 9.25 full / £ 6.25 deli

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## BRASSERIE

### Spa Menu

#### STARTERS

Homemade Soup of the Day  
*with grilled ciabatta*

Smoked Salmon and Cream Cheese Roulade  
*with crostinis and dressed leaves*

Warm Beetroot Salad  
*with walnuts, dolce latte and balsamic*

#### MAINS

Classic Chicken Caesar Salad  
*with croutons, bacon and parmesan*

Sun Dried Tomato, Olive and Roasted Vegetable Linguine  
*with garlic ciabatta*

Homemade Smoked Haddock and Spring Onion Fishcakes  
*with fresh rocket, caper mayonnaise, grilled ciabatta*

£ 15 per person



# THE WEST BAY

## BRASSERIE

### Childrens' Menu

Roast Chicken

*with fries and vegetables of the day*

Pan Fried Salmon Fillet

*with fries and vegetables of the day*

Penne Pasta with Classic Bolognese Sauce

*with grilled ciabatta*

Homemade Hummus and Olives

*with grilled ciabatta*

Isle of Wight Sausages

*with chips or mashed potatoes and peas*

Isle of Wight Beef Burger

*with chips and peas*

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Isle of Wight Ice Cream Selection

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£ 6.95 for two courses