



THE WEST BAY

BRASSERIE

STARTERS

Homemade Soup of the Day

with grilled ciabatta

£ 4.95

Parma Ham and Mozzarella Bruschetta

with fresh herbs, and rocket

£ 5.25

Warm Beetroot Salad

with walnuts, dolce latté and balsamic

£ 5.25

Smoked Salmon and Cream Cheese Roulade

with crostinis and dressed leaves

£ 5.95

Antipasto

cured meats, homemade hummus, olives and grilled bread

£ 6.95

MAINS

Chicken Breast Wrapped in Parma Ham

crushed herb potatoes, sautéed spinach, tarragon jus

£ 12.95

Fresh Scottish Salmon Fillet

parmentier potatoes, asparagus cream, chantenay carrots

£ 13.95

Pan Roast Duck Breast

orange and blueberry sauce, green bean and potato sauté

£ 14.95

Isle of Wight Pork Sausages

creamed potatoes, buttered peas, shallot jus

£ 10.95

Sun Dried Tomato, Olive and Roasted Vegetable Linguine

with garlic ciabatta

£ 9.95

Homemade Smoked Haddock and Spring Onion Fishcakes

fresh rocket, caper mayonnaise, grilled ciabatta

£ 9.95

SEE BOARD FOR DAILY SPECIALS



THE WEST BAY

BRASSERIE

SIDE ORDERS

French Fries

£ 2.00

Grilled Bread

£ 1.50

Garlic Bread

£ 2.00

Garden Ssalad

£ 3.95

Fresh Vegetables

£ 3.00

Ramekin of Marinated Olives

£ 3.50

Fresh Tomatoes, Herbs and Balsamic

£ 3.00

DESSERTS

Dark Chocolate Fondant

served with vanilla ice cream

£ 5.95

Cheesecake of the Day

served with fresh cream

£ 5.25

(please ask for today's selection)

Summer Fruit Crumble

Served with crème anglaise

£ 5.25

Isle of Wight Ice Cream Selection

£ 5.25

Classic Cheese Selection

with crostini's and homemade chutney

£ 5.95



THE WEST BAY

BRASSERIE

LUNCH MENU

Homemade Soup of the Day

with grilled ciabatta

£ 4.95

Parma Ham and Mozzarella Bruschetta

with fresh herbs, and rocket

£ 5.25

Warm Beetroot Salad

with walnuts, dolce latté and balsamic

£ 5.25

Smoked salmon and cream cheese roulade

with crostinis and dressed leaves

£ 5.95

Antipasto

cured meats, homemade hummus, olives and grilled bread

£ 6.95

SANDWICHES

Classic B.L.T £ 5.75

Roast Chicken with Apricot Chutney £ 5.95

Tuna Club £ 5.95

Hummus and Sweet Pepper £ 5.25

All served with dressed salad garnish (available in ciabatta for extra £1.00)

SALADS

Chicken Caesar Salad

With bacon, croutons and fresh parmesan

£ 9.95 full / £ 6.95 deli

Smoked Salmon and Crayfish Salad

with lemon and caper dressing

£ 9.95 full / £ 6.95 deli

Homemade Hummus and Sweet Pepper

with honey and mustard dressing

£ 9.25 full / £ 6.25 deli

SEE BOARD FOR DAILY SPECIALS



THE WEST BAY

BRASSERIE

SIDE ORDERS

French Fries

£ 2.00

Grilled Bread

£ 1.50

Garlic Bread

£ 2.00

Garden Ssalad

£ 3.95

Fresh Vegetables

£ 3.00

Ramekin of Marinated Olives

£ 3.50

Fresh Tomatoes, Herbs and Balsamic

£ 3.00

DESSERTS

Dark Chocolate Fondant

served with vanilla ice cream

£ 5.95

Cheesecake of the Day

served with fresh cream

£ 5.25

(please ask for today's selection)

Summer Fruit Crumble

Served with crème anglaise

£ 5.25

Isle of Wight Ice Cream Selection

£ 5.25

Classic Cheese Selection

with crostini's and homemade chutney

£ 5.95



THE WEST BAY

BRASSERIE

Sunday Brunch

CONTINENTAL BREAKFAST

Natural yoghurt, muesli, fresh fruit salad, fresh baked croissant,
fresh baked pain au chocolate
£ 1.50 per item or 3 for £ 4.00

BREAKFAST CLASSICS

Bacon and Free Range Eggs
served with toast
£ 4.95

Oven Baked Smoked Kipper
with lemon butter and toast
£ 7.95

Eggs Benedict
served on an English muffin, with ham and hollandaise sauce
£ 7.95

'Isle of Wight Smoked Salmon' and Free Range Scrambled Eggs
served with toast
£ 7.95

The Full West Bay
sausage, bacon, tomatoes, black pudding, egg, mushroom and toast
£ 7.95

Traditional Sunday Roast
Please ask for today's selection
£9.95

(served from midday)

SEE BOARD FOR DAILY SPECIALS